

Learning from Living with Dementia



'Learning from Living with Dementia', from **DementiaTrainers** and **EDUCATE**, is a dementia awareness training day with a big difference. It's both co-produced and co-delivered by people living with dementia. Who knows better what the experience of dementia is and what the needs of people with dementia are than those who live with the condition?

All the key learning points on this course are taught, via embedded video clips, by people who have dementia...

- They explain exactly what each symptom is really like...
- They talk about how it feels...
- They make us think about the impact of unhelpful practices...
- They talk about what others can do to help...
- They explain the importance of getting to know the person with dementia as an individual...
- They show us that despite their symptoms there are many strengths and abilities they've retained...
- They help us understand what enables them to live well with dementia.

In between the video clips are various trainer-led interactive activities to consolidate the learning and encourage learners to plan how they will use what they have learnt to make a difference for people with dementia they support.



*"I have attended a lot of dementia awareness courses over the years. I can honestly say that **Learning from Living with Dementia** is the most engaging, thought provoking and person centred course I have ever had the pleasure of attending."*
course participant



"Participants can't help but connect and care deeply about the people they are working with after having a training day like this!"
course participant

'Learning from Living with Dementia' can be delivered directly to your staff by **DementiaTrainers** and is also available through a 2-day Train the Trainer programme that enables you to deliver it yourself.

For information, contact buzloveday@googlemail.com

This course addresses all the Dementia Awareness learning outcomes of the Dementia Training Standards Framework (Skills for Health, Skills for Care and NHS Health Education England)

DementiaTrainers

Buz Loveday & Associates - working to improve dementia care

www.dementiatrainers.co.uk

EDUCATE

People with dementia raising awareness

www.educatestockport.org.uk